The Expressive Male Bird

Jeena A. Kar
NSUCOM, jk1011@nova.edu

Follow this and additional works at: https://nsuworks.nova.edu/bestill
Part of the Creative Writing Commons, Fine Arts Commons, Medical Humanities Commons, and the Photography Commons

Recommended Citation
Available at: https://nsuworks.nova.edu/bestill/vol2/iss1/32

This Original Art is brought to you for free and open access by the College of Osteopathic Medicine at NSUWorks. It has been accepted for inclusion in be Still by an authorized editor of NSUWorks. For more information, please contact nsuworks@nova.edu.
In this painting, you find bright and vibrant colors, but within the tails of the feathers you see the "eyes" of the peacock feather. In Greek mythology Argus, the giant with one hundred eyes was described as *all-seeing* and his eyes were placed into the peacock's feathers, considered her sacred companion by Hera, the wife of Zeus for his service to her. This image is a statement on how the male form is one that naturally seeks to express colors and emotions, but gets interrupted by watchful eyes. Men are constantly "watched" and pressured by society to remain stoic and hold in their feelings. From childhood, if a boy cries, he is told to "be a man" and stop, whereas their sisters are not conditioned to hide their feelings this way. This societal conditioning confines men and keeps them from fully expressing themselves.

The red at the bottom of the painting is symbolic of anger/violence that starts to pool up when emotions have to be bottled up. The red starts at the bottom and is starting to block off the colors of the peacock slowly. It looks as though this color could engulf the entire peacock if it pools up, however the separation of colors seem to be keeping it at bay. The gold line separating them symbolizes the balance between societal expectations, and the psychological response to them. As seen in the painting, the line is not straight- it is turbulent and swirls chaotically in the chest of the peacock.