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The Depth of a Darkened Soul

Earl Tinsley
Nova Southeastern University

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The Depth of a Darkened Soul

What is Loneliness?

Loneliness is the feeling that you don't belong
The feeling that nags you in the pit of your stomach
It's the unidentifiable ache you feel when you laugh at
someone's joke
Like something is missing, something you can't find
Perhaps a source of comfort, if only you had the guts to
look

Loneliness is the result, my consequence
For cutting myself off from the world in fear of saying good-
bye
For it was better not to worry about needing a friend who
wasn't there
But at the time you didn't realize the debt you would have
to pay
That guarding your heart would not limit the pain
And in the end, loneliness was a far worse fate to endure

For it is a feeling that never goes away
It lies in the eyes, eyes with no tears
It's in your voice, your smile
It builds up your whole presence
No matter the pointless commitments you distract yourself
with
It is there, deep inside of you

Loneliness is the reality that grows and increases with age
If you have not figured it out yet, loneliness is me!