

2015

Bachelor of Science - Exercise and Sport Science DEGREE CURRICULUM SHEET | 2015 CATALOG

Nova Southeastern University

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FARQUHAR COLLEGE OF ARTS AND SCIENCES
DEGREE CURRICULUM SHEET | 2015 CATALOG
Bachelor of Science - Exercise and Sport Science



GENERAL EDUCATION REQUIREMENTS

Area/Course	Credits	Frequency
Written Composition		
<i>6 credits at or above COMP 1500</i>		
Open Written Communication	3	
Open Written Communication	3	
Mathematics		
<i>6 credits at or above MATH 1040</i>		
MATH 1040 Algebra for College Students	3	
<i>satisfied by Major</i>	3	
Arts & Humanities		
<i>6 credits in HIST, ARTS, PHIL, HUMN, LITR, THEA, FILM, MUSC, DANC, WRIT, foreign language</i>		
Open Arts & Humanities	3	
Open Arts & Humanities	3	
Social & Behavioral Sciences		
<i>6 credits in PSYC, SOCL, ANTH, ECN, COMM, GEOG, GEST, INST, POLS</i>		
PSYC 1020 Introduction to Psychology	3	
<i>satisfied by Major</i>	3	
Science		
<i>6 credits in BIOL, MBIO, CHEM, SCIE, ENVS, PHYS</i>		
<i>satisfied by Major</i>	3	
<i>satisfied by Major</i>	3	
Total General Education Credits	30	

OPEN ELECTIVES

take 13 elective courses	39
Total Open Electives Credits	39

*ATTR 1200 requires completion of ATTR 1100 as a prerequisite.

**PSYC 3400 requires completion of PSYC 1020 as a prerequisite; PSYC 1020 also fulfills one 3-credit Social and Behavioral Sciences General Education requirement.

Frequency Key: F-Every Fall; W-Every Winter; FO - Odd Year Fall; FE - Even Year Fall; WO - Odd Year Winter; WE - Even Year Winter

MAJOR

Course	Credits	Frequency
ATTR 1200 Principles of Athletic Training* <i>or</i>	3	W
EXSC 1200 Prevention and Care of Athletic Injuries	3	FW
ATTR 1300 Emergency Care and First Aid	3	FW
ATTR 1400 Health and Fitness	3	FW
ATTR 2300 Sports Nutrition	3	FW
ATTR 2400 Strength and Conditioning	3	FW
BIOL 1400 Introductory Cell Biology	3	FW
BIOL 3312 Human Anatomy and Physiology/Lab	5	FW
EXSC 3700 Kinesiology	3	FW
EXSC 3740 Exercise Physiology with Lab	4	FW
EXSC 3760 Biomechanics of Human Movement w/Lab	4	FW
EXSC 3820 Exercise Prescription with Lab	4	FW
EXSC 4100 Adapted Physical Education	3	FW
EXSC 4220 Motor Learning with Lab	4	FW
EXSC 4300 Research Methods in Sport and Physical Ed.	3	FW
EXSC 4400 Exercise and Sport Administration	3	FW
EXSC 4901 Practicum in Exercise Science	3	FW
MATH 2020 Applied Statistics	3	FW
PSYC 3400 Sports Psychology**	3	FW
Total Major Credits	60	

MAJOR ELECTIVES

Course	Credits	Frequency
<i>Select 3 credits from the following:</i>		
EXSC 4900 Special Topics in Exercise and Sport Science	1-3	F
EXSC 4950 Internship in Exercise and Sport Science	3	FW
EXSC 4990 Independent Study in Exercise and Sport Sci.	1-3	FW
Any 3000/4000-level EXSC course not counted as a core course for the major	3	FW
Total Major Elective Credits	3	

TOTAL CREDITS: 120



FARQUHAR COLLEGE OF ARTS AND SCIENCES
SAMPLE FOUR YEAR CURRICULUM | 2015 CATALOG
Bachelor of Science - Exercise and Sport Science



Freshman Year

Fall		Winter	
<u>Course</u>	<u>Credits</u>	<u>Course</u>	<u>Credits</u>
Open Written Communication	3	Open Written Communication	3
Open Arts & Humanities	3	Open Arts & Humanities	3
MATH 1040 Algebra for College Students*	3	MATH 2020 Applied Statistics	3
EXSC 1200 Prevention and Care of Athletic Injuries	3	ATTR 1300 Emergency Care and First Aid	3
Open Elective	3	Open Elective	3
Total Credits	15	Total Credits	15

Sophomore Year

Fall		Winter	
<u>Course</u>	<u>Credits</u>	<u>Course</u>	<u>Credits</u>
PSYC 1020 Introduction to Psychology**	3	ATTR 2300 Sports Nutrition	3
ATTR 1400 Health and Fitness	3	ATTR 2400 Strength and Conditioning	3
BIOL 1400 Introductory Cell Biology	3	Open Elective	3
Open Elective	3	Open Elective	3
Open Elective	3	Open Elective	3
Total Credits	15	Total Credits	15

Junior Year

Fall		Winter	
<u>Course</u>	<u>Credits</u>	<u>Course</u>	<u>Credits</u>
BIOL 3312 Human Anatomy and Physiology/Lab	5	EXSC 3700 Kinesiology	3
PSYC 3400 Sports Psychology	3	EXSC 3740 Exercise Physiology with Lab	4
EXSC 3820 Exercise Prescription with Lab	4	EXSC 4400 Exercise and Sport Administration	3
Open Elective	3	Open Elective	3
		Open Elective	3
Total Credits	15	Total Credits	16

Senior Year

Fall		Winter	
<u>Course</u>	<u>Credits</u>	<u>Course</u>	<u>Credits</u>
EXSC 3760 Biomechanics of Human Movement w/Lab	4	EXSC 4100 Adapted Physical Education	3
EXSC 4220 Motor Learning with Lab	4	EXSC 4901 Practicum in Exercise Science	3
EXSC 4300 Research Methods in Sport and Physical Ed.	3	Major Elective	3
Open Elective	3	Open Elective	3
		Open Elective	3
Total Credits	14	Total Credits	15

TOTAL CREDITS: 120